

LOVE PATTERN WORKOUT SHEET FOR _____

1. PERSONAL LOVE PATTERNS

The aspects my **VENUS** forms with other planets reveal the dynamics of how of I send and receive love.

a) **VENUS** *conjunct* with (planet) _____, _____,

_____ , means my love is *permanently* expressed with (planet keywords) _____

b) **VENUS** *sextile* (planet) _____, _____,

_____ , means it takes *minimal* effort to love with (planet keywords) _____

c) **VENUS** *trine* (planet) _____, _____,

_____ , means it takes *no* effort to love with (planet keywords) _____

d) **VENUS** *square* (planet) _____, _____,

_____ , means any *tension* I feel in love is primarily caused by issues with (planet keywords) _____

POSITIVE NOTES:

NEGATIVE NOTES:

2. RELATIONSHIP NEED PATTERNS

The position of my **DESCENDANT**, **VENUS** and the **PLANETS** in my 7th House reveal what I need from my relationships (*Sun, Moon, Venus, Mars*) and partners (*Jupiter, Saturn, Uranus, Neptune, Chiron*).

a) **MY DESCENDANT** in (sign) _____, means what I need from a

partner can be described as: (sign keywords) _____

b) **VENUS** in (sign) _____, in the (house #) _____, means I need

my relationships to support the (house keywords) _____ area

of my life, in (sign keywords) _____ related situations.

NB: If Venus is *Rx*, it will mean love and relationships can be taken too seriously in this area to the point where no one may be good enough.

c) **THE PLANETS/POINTS:** _____, _____, _____,

that **occupy my 7th House** describe the key traits I offer but also need to receive in relationships which

is/are: _____

POSITIVE NOTES:

NEGATIVE NOTES:

3. PROJECTION PATTERNS

Planets/Points in opposition to my **SATURN, VENUS AND MOON**, reveal what I project onto others and can accuse them of doing **EVEN** though I'm the one that's doing the thing!

a) **SATURN** in opposition with _____, _____, _____,

means I can unfairly **project** the following limitations I have, onto my partners: (*opposing planet*

keywords) _____

b) **VENUS** in opposition with _____, _____, _____,

means I can project the following things I may lack in self-love onto my partners: (*opposing planet*

keywords) _____

c) **MOON** in opposition with _____, _____, _____,

means I can project the following insecurities from my own emotional state onto my partners:

(*opposing planet keywords*) _____

POSITIVE NOTES:

NEGATIVE NOTES:

4. WEAKNESS PATTERNS

The **SIGN** and **PLANETS/POINTS** that occupy the 12th house, **SATURNS** position and **CHIRON**, reveal what I repress, self-limit and carry as a chip on my shoulder in all my relationships.

a) **THE SIGN:** _____, in the 12th house means I may repress how I feel or think in situations relating to *(sign keywords)*: _____

b) **THE PLANETS/POINTS** in my 12th house: _____, _____, _____, means I tend repress things in the following ways *(planet keywords)*: _____

c) **MY SATURN** in *(sign)* _____, *in the (house#)* _____, means I can repress *(sign keywords)*: _____, in the (house keywords) _____ area of my life.

d) **MY CHIRON** in *(sign)* _____, in the (house#) _____, means I must help others with issues involving *(sign keywords)*: _____ in the area of life that concerns *(house keywords)* _____ so that I can heal myself.

POSITIVE NOTES:

NEGATIVE NOTES:

5. EXPLOITATION PATTERNS

Any of my **PERSONAL PLANETS** (*Sun, Moon, Venus, Mercury, Mars*) that form a quincunx aspect with another **PLANET** will reveal a low confidence trigger caused by the manipulating planet. Also, the house and sign of **PLUTO** shows where I may try and manipulate others.

a) **MY (personal planet):** _____, in (sign) _____, in my (house#) _____,
is where I have confidence issues with (*planet keywords*) _____
in situations relating to (*sign keywords*) _____,
in my life area of (*house keywords*) _____, that are triggered by
a **QUINCUNX** coming from (*other planet*) _____, in (sign) _____,
which means my quincunx trigger happens in (*other planet keywords*) _____,
situations, that revolve around (*sign keywords*) _____.

b) **MY (personal planet):** _____, in (sign) _____, in my (house#) _____,
is where I have confidence issues with (*planet keywords*) _____
in situations relating to (*sign keywords*) _____,
in my life area of (*house keywords*) _____, that are triggered by
a **QUINCUNX** coming from (*other planet*) _____, in (sign) _____,
which means my quincunx trigger happens in (*other planet keywords*) _____,
situations, that revolve around (*sign keywords*) _____.

c) **PLUTO** in (sign) _____, in the (house#) _____, means I can
manipulate and exercise control over people and relationships in the following types of situations
(*sign keywords*) _____, in the
(*house keywords*) _____ area of my life.

POSITIVE NOTES:

NEGATIVE NOTES:

6. CONFLICT PATTERNS

The **ASPECT** relationship **MY SUN** (*masculine/conscious urges*) forms with **MY MOON** (*feminine unconscious urges*) will show the level of conflict within me and mirrors the way I look at and deal with conflict in my relationships.

a) **MY SUN:** (conj, sext, tri, sqr, qc, opp) _____, with **MY MOON**, means I have a (aspect keywords) _____

type of relationship between my Masculine and Feminine which reflects the way I resolve or look at conflicts. For a deeper understanding of this, I suggest googling SUN (ASPECT) MOON, look at a few results and then make your notes.

POSITIVE NOTES:

NEGATIVE NOTES:

